



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY 101	Major/Minor	Foundations of Psychology	60	20	20	30	20	3	0	0	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/ Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives (CEOs):

CEO1: To study the basic nature and principles of psychology.

CEO2: To impart the students with the knowledge of the cognitive process of perception.

CEO3: To explain the principle involved in learning and memorization process

CEO4: To study and explain the theories of motivation and emotion.

CEO5: To impart a deeper understanding of the meaning of personality and intelligence as important areas in psychology.

Course Outcomes (COs):

The student will be able:

CO1: To explain the basic research methods used in psychology and gain an understanding of the different fields in which the subject offers scope.

CO2: To analyze and apply the concepts underlying perceptual processing and sensation.

CO3: To generalize and give examples of the process of learning and memory and study the major theories of learning.

CO4: To illustrate the theoretical grounding of motivational (Maslow and Need Achievement theory) and emotional processes (James- Lange and Cannon-Bard theory).

CO5: To understand personality with special reference to Freud's theory and analyze different theories of intelligence.

Chairperson

Board of Studies

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth

Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth

Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY 101	Major/Minor	Foundations of Psychology	60	20	20	30	20	3	0	0	3

BAPSY101
Foundations of Psychology

Contents

Unit I

Introduction: Meaning and Nature of Psychology, Psychology as a science, Origin and development of psychology, Schools of modern Psychology, Research Methods in Psychology: Experimental, Case study and Observation and Interview. Fields of Psychology.

Unit II

Cognitive Processes: Sensation: Meaning and types, Sensory adaptation, and habituation. Perception: Nature and determinants of perception, Laws of perceptual organization and Figure-ground approach.

Unit III

Learning and Memory: Learning: Definition and factors effecting learning, and Theories of learning: Pavlov, Kohler & Bandura, Memory meaning and types of memory, Information processing model, Factors influencing memory and techniques for improving memory, Forgetting curve.

Chairperson

Board of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY 101	Major/Minor	Foundations of Psychology	60	20	20	30	20	3	0	0	3

Unit IV

Motivation and Emotion: Motives; Biogenic and Sociogenic motives, Theories of motivation: Maslow theory and Need achievement theory.
 Emotions- Nature of emotions, Theories of emotions- James –Lange & Cannon-Bard.

Unit V

Intelligence and Personality:

Intelligence: Meaning and type, Guilford tri-dimensional theory, Spearman's two factor, Multiple factor theory of intelligence. Personality- Definition, Nature and determinants, Theory of personality- Freud.

Suggested Readings:

- Ciccarelli, S. K & Meyer, G.E (2008). **Psychology** (South Asian Edition). New Delhi: Pearson Delhi: Tata Mc Graw Hill.
- Baron, R.A & Misra, G. (2014). **Psychology** (Indian Subcontinent Edition). Pearson Education Ltd.
- Chadha, N.K. & Seth, S. (2014). **The Psychological Realm: An Introduction**. Pinnacle Learning, New Delhi.

Chairperson

Board of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY102	Major	Child Psychology	60	20	20	30	20	2	0	2	3

Legends: L - Lecture; T - Tutorial/Teacher Guided Student Activity; P – Practical; C - Credit;

***Teacher Assessment** shall be based following components: Quiz/Assignment/Project/Participation in Class, given that no component shall exceed more than 10 marks.

Course Educational Objectives:

CEO1: Comprehend the concept of child growth and development and the factors influencing it.

CEO2: provide the knowledge about factors related to the parenting/pregnancy decision, outline stages of prenatal development beginning at conception, identify the stages and practices of childbirth, and demonstrate knowledge of infant care techniques.

CEO3: To comprehend the development characteristics, stages and practices related to various types of development.

CEO4: To understand the concept of learning through various learning theories terms and identify milestones related to pre-natal development.

CEO5: Discuss the terms and practices relating to the care of infants and children with special needs.

Course Outcomes: Students will be able to:

CO1: Define basic concepts related to understand children of different ages through psychological theories of child development.

CO2: Explain the Stages of development.

CO3: Discuss various types of development.

CO4: Recognize the concept of learning through various learning theories.

CO5: Relate and comprehend with different types of birth defects and conditions that result in special needs for the child.

Chairperson

Board of Studies

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson

Faculty of Studies

Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth

Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth

Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY102	Major	Child Psychology	60	20	20	30	20	2	0	2	3

BAPSY102
Child Psychology

Contents

Unit –I

Child Psychology: Meaning and Nature of Child Psychology, Determinants of development, factors affecting child development with respect to gender difference. Growth and Development of Child Concept of Growth and Development: Stages of Development.

Unit-II

Stages of Development: Prenatal Development - Pregnancy – Signs and Symptoms - Prenatal development Factors influencing prenatal development – Diet during Pregnancy - Preparation for parenthood; Needs and care in post-natal and childhood period.

Unit-III

Developmental Characteristics (0-18 Years): Children in the Pre-school years. Physical Development; Mental/Cognitive Development, Emotional Development, Social and Moral Development; Role of Teachers and Parents.

Unit-IV

Concept of Learning: Nature of Learning, Types of Learning, Theories of Learning, Theory of Trial-and-Error Learning, Theory of Conditioning (Classical and Operant), Implication of learning theories.

Chairperson

Board of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Chairperson

Faculty of Studies
 Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Controller of Examination

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore

Joint Registrar

Shri Vaishnav Vidyapeeth
 Vishwavidyalaya, Indore



Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore
Shri Vaishnav Institute of Social Sciences, Humanities and Arts
Choice Based Credit System (CBCS) in Light of NEP-2020
B.A. Honors Psychology
Semester I (2022-2026)

COURSE CODE	CATEGORY	COURSE NAME	TEACHING & EVALUATION SCHEME								
			THEORY			PRACTICAL		L	T	P	CREDITS
			END SEM University Exam	Two Term Exam	Teachers Assessment*	END SEM University Exam	Teachers Assessment*				
BAPSY102	Major	Child Psychology	60	20	20	30	20	2	0	2	3

Unit-V

Children with Special Needs: Definition, Classifications and Educational Approaches of Mentally Challenged, Learning Disabilities, Visually Impaired Hearing Impaired and Physically Handicapped - Giftedness. Government schemes for children in India (ICDS, role of NGO's, educational institutions).

List of Practical: (Any Five)

- Family Environmental Scale
- Mental Wellbeing Scale
- Emotional Intelligence Scale
- Learning Disabilities Battery
- Human Maze Learning
- Self-Concept Scale

Suggested Readings:

- Hurlock, E.B. (1980): **Developmental Psychology: A lifespan approach.** New Delhi;Tata McGraw Hill.
- Harwood, R. Miller, S. A., R. (2008). **Child Psychology: Development in aChanging Society.** John Wiley & SonsInc.
- Santrock, J.W. (2011). **A topical Approach to life-Span Development.** New Delhi:Tata McGraw-Hill Edition.
- Shenk, D. (2010). **The Genius in All of Us.** New York: Doubleday/Random House.

Chairperson
Board of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Chairperson
Faculty of Studies
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Controller of Examination
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore

Joint Registrar
Shri Vaishnav Vidyapeeth
Vishwavidyalaya, Indore