

CENTRE OF EXCELLENCE IN HAPPINESS STUDIES

ANAND-AMRIT

ONE DAY VIRTUAL CONFERENCE

MARCH 31
2022

THEME

'Hope, Health and Happiness - Challenges and Solutions'



SHRI VAISHNAV VIDYAPEETH VISHWAVIDYALAYA

Ujjain Road, Indore - 453111.

ABOUT SHRI VAISHNAV VIDYAPEETH VISHWAVIDYALAYA



Shri Vaishnav Vidyapeeth Vishwavidyalaya is a private university established under Madhya Pradesh Niji Vishwavidyalaya (Sthapana Avam Sanchalan) Adhinyam in 2015 at Indore (India). The University has been established with a vision to be leader in shaping better future for mankind through quality education, training, and research. It shall pursue the mission to make a difference in sustaining the growth of global societies by developing socially responsible citizens. Value based education being at the helm, the University shall promote endurance, excellence, fairness, honesty, and transparency as its core values. University has been established with a vision to be leader in shaping better future in the disciplines of Engineering, Forensic Science, Architecture, Management, Science, Social Sciences, Humanities, Arts, Journalism and Mass Communication and Computer Applications. The constituent Institutes of the University are

- Shri Vaishnav Institute of Technology and Science
- Shri Vaishnav Institute of Information Technology
- Shri Vaishnav Institute of Textile Technology
- Shri Vaishnav Institute of Forensic Science
- Shri Vaishnav Institute of Architecture
- Shri Vaishnav School of Management
- Shri Vaishnav Institute of Journalism and Mass Communication
- Shri Vaishnav Institute of Sciences
- Shri Vaishnav Institute of Social Science, Humanities and Arts
- Shri Vaishnav Institute of Computer Applications
- Shri Vaishnav Institute of Fine Arts
- Shri Vaishnav Institute of Commerce
- Shri Vaishnav School of Law
- Shri Vaishnav Institute of Agriculture
- Shri Vaishnav Institute of Home Science
- Shri Vaishnav Institute of Law
- Shri Vaishnav Institute of Professional Studies
- Faculty of Doctoral Studies & Research

CENTRE OF EXCELLENCE IN HAPPINESS STUDIES

Realizing that material prosperity alone cannot be the yardstick of measuring happiness and wellbeing, and inner wellbeing is of utmost importance for a holistic and happy society, the State of Madhya Pradesh became the first Indian State to set up a department christened as “Anand Department”, now called Rajya Anand Sansthan in August 2016 to promote happiness among its citizens by proactively working towards enhancing their subjective wellbeing. Encouraged by this step of the state government, Shri Vaishnav Vidyapeeth Vishwavidyalaya Indore established the Centre of Excellence in Happiness Studies in March, 2018 with following objectives:

1. To promote research in the area of innate happiness of human beings and the society they live in and further understand the benefits of happiness.
2. To explore the factors that lead to happiness and wellbeing
3. Partner with organizations, firms, Government establishments, etc. to help them discover the route to happiness for their members through research and consultancy assignments. To explore the factors that lead to happiness and wellbeing
4. To promote community, family and individual wellbeing and holistic self-development, and improve the quality of lives by enhancing positive emotions and positive relationships

Shri Vaishnav Vidyapeeth Vishwavidyalaya, Ujjain Road,
Indore - 453111.



ABOUT THE CONFERENCE

In the backdrop of a full year's mayhem created all over the world by Covid-19, the World Happiness Report 2021 threw up some very interesting dimensions. It was widely believed that the pandemic would make serious dents in the life satisfaction of people. However, there has been surprising resilience in how people rated their lives overall. Mental health is a key component of subjective well-being in its own right and is also a risk factor for future physical health leading to indirect long-run health consequences of the pandemic. Mental health will influence and drive a number of other individual choices, behaviours, and outcomes. While the remarkable speed at which the Covid-19 vaccines were developed and made people hopeful of overcoming the threat of the virus, health workers today are much more deeply engaged in helping people overcome mental ill-health causing severe anxiety and depression.

This one day conference will bring the professionals involved in well-being, physical or mental, through their researches or implementation of practices together to share their works with a larger objective of benefitting the diverse societies world over to adopt new ways of attaining happiness.

The conference is open for academicians, researchers, doctoral students, research associates and other members of student community, as well as industry delegates. Original research papers, articles, case studies and practical papers are invited on the conference theme and sub-themes/ areas including but not limited to the following:

Quality of Life and Happiness
Science of Happiness
Happiness with Technology
Compassion, Mindfulness and Happiness
True Happiness and the Virtues

Diversity and Inclusion for Workplace Happiness
Fine Arts and Happiness
Sports and Happiness
Role of Legal System in Happiness
Forgiveness, Heartfulness and Happiness

GUIDELINES FOR SUBMISSION

1. Abstract of the paper (250 words) typed in Times New Roman Font – 12 should be sent by email to anandamrit@svvv.edu.in. Only electronic submission in the form of a MS Word document as an email attachment is required to be sent on or before February 15, 2022.
2. Full Paper should be submitted by February 28, 2022. Only electronic submission in the form of a MS Word document as an email attachment is required to be sent to the above mentioned email address.
3. The full paper should be typed using Times New Roman font (for English) or KrutiDev 010 (for Hindi) and strictly adhere to the following specifications: Title of the paper: Font-22, Bold, Centred, Single line spacing. Author(s): Font -16, Italics, Centred and separated by comma in case of more than one author. Affiliation should be mentioned as a footnote on the first page with single line spacing for multiple authors. Affiliation should include only the names of college/institute, University and place. No postal/ email address or phone number should be mentioned. Abstract: Font-12, Italics with 1.15 line spacing. Each Section heading should be bold-faced in Font-14. Keywords: 4 to 6 in number. Font-12. Body: Maximum 4000 words. Font-12 with 1.15 line spacing. Each section heading should be bold-faced in Font-14. References: Strict adherence to APA Style.
4. The authors are required to check originality of their work before sending. The sole responsibility of violating plagiarism rules will be of the authors.
5. Acceptance of paper will be notified within a week of receipt.
6. Selected Paper, on recommendation of reviewers, will be published in a book bearing a ISBN.

Shri Vaishnav Vidyapeeth Vishwavidyalaya, Ujjain Road,
Indore - 453111.

REGISTRATION



The registration fees for paper presenters will be Rs. 300/- and Rs. 500/- per presenter for UG/PG Students. All other delegates will have registration fee of Rs. 100/-. Registration fees may be sent as DD in favor of Shri Vaishnav Vidyapeeth Vishwavidyalaya, Indore or by Bank transfer (HDFC Bank Ltd. Cloth Market Indore Branch, A/c No. 50100256398597 IFSC: HDFC0000281) .

Registration form (to be filled after payment of registration fees):

<https://forms.gle/agAreNT9konePkQg7>



For any queries Contact: Ms. Sheuli De Sarkar, Assistant Professor, SVIJMC, SVVV +91 8962542148

PATRONS



Shri Purushottamdas Pasari

Chancellor

Dr. Upinder Dhar

Vice Chancellor

ORGANISING COMMITTEE

CONVENER

Dr. T.K. Mandal

Professor

CO-CONVENER

Dr. Anu Ukande

Assistant Professor

MEMBERS

Dr. Aditi Veda

Dr. S. Thakur

Dr. Nasreen Ansari

Mr. Premansh Sharma

Mr. Pritesh Kumar Jain

Ms. Sheuli De Sarkar

Ms. Archana Pathak

Dr. Vijay Prakash

Ms. Supriya Vyas

Ms. Rani Singh

Shri Vaishnav Vidyapeeth Vishwavidyalaya, Ujjain Road,
Indore - 453111.