

## GREAT PLATFORM FOR HIDDEN TALENTS- SPANDAN 2019

-Khushi Rathore



### DAY 1

Silent disco, Taal, treasure hunt, radio vibes and dhol night were the centre of attraction on the first day of the event. The prominent among all was TAAL, 'The Feet on Fire'. It was a dance competition. The judges were Pt. Harihareshwar Potdar, Ms. Palak Patwardhan, Mr. Arpit Nahile, Mr. Ankit Nirmal. The event showcased 25 different solo and group dance performances. The winner in the solo dance category was Kunal Choudhary and the runner up was Ausaf Siddiqui. The winners in the group dance category were Yaya - the secret dance group and the runner up was Unique Dance crew.



### DAY 2

On the second day, students enjoyed Ambriti, Silent disco and rock band performance by 'Parashar'. AMBRITI was the fashion show. The event showcased 64 participants on four different themes – women empowerment, bollywood, traditional and western. The judges were Sandeep Rathore, Nidhi Vaishnav and Arbaz Uzair. Among the winners, the Style king was Amay Verma and style queen was Rishita Tiwari. Lustre's style smith in male category was Shantanu Tyagi and in female category was Palak Neema. The best walk title was given to Chinmay Tare in male category and Anmol Mathur in female category.

### DAY 3

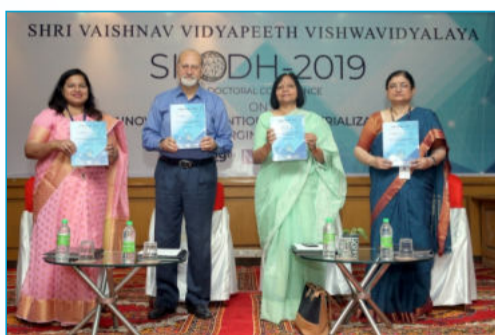
On the third day, the centre of amusement were Swaranjali and Dj night with international DJ Mojojojo and Dj ANK. Swaranjali, 'The Singing faceoff' was the singing competition. The judges were Madhav Tiwari, Archana Tiwari, and Mr. Abhijeet Apte. The event showcased 15 solo and group song performances. The winner in the overall category was Ayushi Jain. The winner in the classical category was Sakshi Bapat and the winner of Sugam Sangeet category was Piyush Jogdand.



Fun games were also organized on all the three days during Spandan. Students participated in around 15 different types of interesting games like 'tug of war', 'guide me', 'snake and ladder', 'pittu maar', 'maar gule!', 'gully cricket' and many more. More than 1000 students and faculties enjoyed these games and won exciting prizes. The games were organized under the guidance of Mr. Santosh Patel, Assistant Professor, Mechanical Engineering Department of Shri Vaishnav Institute of Technology and Science. Along with it different competitions were also organized like fireless cooking, salad decoration, cup cake decoration, slogan writing, storytelling, RJ hunt, live reporting, rap mania, short film making, shirt design, costume design, Spandan got talent, treasure hunt, gol gappa, and many more.

## Research was Encouraged in "SHODH 2019"

-Atisha Nagar



One day doctoral conference "SHODH-2019" was organized on 29 March 2019 on "Innovation, invention, and industrialization one merging issues". With the mission of knowledge enhancement and innovative thinking, the event was organized for the research scholars.

In the inaugural ceremony, Dr. Santosh Dhar, Convener of the conference, introduced the conference and said that the aim of the higher education is to promote the research and she explained different aspects of the research and said that research should be ethical and should provide meaningful and conceptual results. Dr. Upinder Dhar, Vice Chancellor of the university, said that this conference is a platform for the research scholars to discuss and take out the right path for is stand quality

research. He said that earlier, the credibility of Indian research was questioned internationally because some papers were found copied and research was not authentic. But nowadays, the scenario has changed. Indians researches have worked hard and they are working in the top 50 universities of developed countries.

Chief Guest Dr. Asha Shukla, Vice Chancellor, B. R. Ambedkar University, Mhow said that every research gives beginning to a new research. She shared her research experiences and said that one who believe in research, should never end it and keep on researching. She also said that research is an endless process and one should also work for the authenticity of the research. She added that research is to find the difference between facts, figures and reality.

The experts suggested that the application part of the research should be very strong and multi-faceted and they appreciated the concept of book reading and then coming out with the concept of writing papers. They said that the researcher should not rely on the internet. Proper research methodology and samples should be taken honestly for better results.

The conference had five concurrent sessions and 95 research papers were presented. The different session chairs were Dr. Mayank Saxena, Dr. Urijita Thakkar, Dr. Madhavi Verma, Dr. Dharmendra Mehta, Dr. D.T.Manvani, Dr. Rakesh Saxena and Dr. Swagata Gupta. At the end of the inaugural ceremony, Co-convener Dr. Monica Sainy proposed the vote of thanks.

## First Human Resource Summit – 'UDAAN 2019'

-Atisha Nagar

First human resource summit 'Udaan-2019' was organized on 26th April, 2019.

The theme of this summit was "Changing role of Human Resource in Digital Work Environment". In the Inaugural ceremony, Coordinator Mr. Mahendra P.S. Pawar, introduced the Summit and explained that the objective of the summit is to understand the impact of technology in the digital environment.

In the welcome address Dr. Upinder Dhar, Vice Chancellor said that time and environment is changing very fast. In 4.0 industry revolution, we have seen the changes in the nature of work. So we need to think about what we can do that would sustain. He said the role and function of human resource has increased in the present era and digitization will be a facilitator. He also enumerated some skills that are required in the human resource profession like perfect time management, good teamwork, exceptional customer services, etc.

The Chief Guest, Mr. Sandeep Verma, CEO, Maan Aluminium Ltd., said that the role of human resource has become very important to organize everything. Good training and development program will help in work-life balance. Human resource has to be very proactive to understand the need of people. He advised to ensure that each and every employee should be the brand ambassador of the company. One, who is able to do this, can be successful.



The guest of Honor Ms. Mandeep Maitra, Former Country Head-HR, HDFC Bank, said that human resource needs to customize employee according to their additional talent. She further said that customization will give better service to the industry which is specifically required.

The summit was followed by two plenary sessions in which experts Mr. Shantam Sharma, Director-HR, Oppo Mobiles, Mr. R.K. Singh, Vice President, Vardhman Ltd., Mr. Shyam Zambre, Senior Manager, VE Commercial Vehicles Ltd, Dr. Piyush Naik, AVP Digailet, Mr. Shubhankar Ghosh, Chief People Officer, Zoom Ins. Brokers Pvt. Ltd. Dr. Piyush Khare, Chief Belief Officer, Hitaishin Infotech Pvt. Ltd., Mr. Vikas Singh Panwar, Senior Manager, Corporate HR, HDFC Bank delivered the lecture. In the Valedictory session, Dr. Kavita Sharma coordinator of Udaan 2019 presented the report of the event and Mr. Mahendra P.S. Pawar gave words of thanks.

## Importance of Happiness Highlighted in 'Anandamrit'

-Kajal Chouhan



One day conference 'Anandamrit' was organized on 27th April, 2019 and its theme was "Embracing happiness for rejuvenating workplace environment". The participants of the conference were academicians, researchers, doctoral students, research associates and industry delegates. The participants presented 18 research papers, articles, case studies and empirical papers.

In the Inaugural ceremony Dr. T. K. Mandal, Convener of the event, introduced the conference and said that happiness is something which is giving momentum every day. He also said that well being is entirely subject of happiness. He told Madhya Pradesh government has taken initiative and started Anand Department. Shri Purushottamdas Pasari, Chancellor, said that world requires happiness. Every individual should be happy and should spread happiness. Happiness is blessing for human beings and it is important in every field of work and life.

In the welcome addressed. Upinder Dhar, Vice Chancellor, said that it is the matter of concern across the world that we have achieved much but forgot how to be happy. He said that happiness has become one of the rare incidence that happens in our life and in present scenario, human touch is missing so many relationships due to social media.

In the inaugural ceremony, souvenir of the event was released by the chief guest Mr. Arun Rishi. He said that we should be TQP- Total Quality Person and for that, he emphasized on the use of natural products instead of chemical products. He also gave some acupressure remedies for betterment of lifestyle.

The keynote speaker of the conference, Mr. Yogi Sriram said that happiness is an internal factor and people often mix up success and happiness, even a begging person can be happy because it is about internal control and state of mind. He added that happiness depends on 50% genetics, 40% internal state of mind and 10% circumstances.

## Students enlightened by media experts in PRAVAH 2019

-Khushi Rathore



National Media Conclave "PRAVAH 2019" was organized by Shri Vaishnav Institute of Journalism and Mass Communication on 23rd February, 2019. Theme of the conclave was "Journalism in the age of news media". Famous journalists and well known media educationists were the speakers of the conclave. Tribute was given to the martyrs of Pulwama attack by lightning candles.

Vice Chancellor of the university Dr. Upinder Dhar said that Journalism and Mass Communication has changed in different phases and the main objective of this conclave is to discuss on it. Event Convener Dr. Santosh Dhar, Dean, Faculty of doctoral studies and research, said that the objective of this event is to gather media experts on a platform and to provide the benefits of their thoughts to the students.

Chief Guest of the conclave, Nidhi Kulpati, prime time anchor, NDTV said that it is our duty to forward any news on social media after examining it. Social media enables us to contact directly but its negative use is not justified.

Editor Hemant Sharma said, it is the duty of a journalist to go in depth and identify the truth. Senior editor Sandeep Purohit emphasized on gate keeping in social media platforms. Senior journalist Vipin Bhatt said that the use of social media will increase rapidly in future but it is necessary to follow the media ethics.

Other speakers of the conclave were Editor Amit Mandloi, P.R. expert Sulabh Singh, president of Women Press Club (M.P.) Sheetal Roy, news anchor Naina Yadav and editor Neelmegh Chaturvedi. Chancellor of the university, Purushottamdas Pasari and Chairman of Shri Vaishnav Sahayak Trust Kamal Narayan Bhuradia was also present at the event.

## 64<sup>th</sup> International Annual Conference of Indian Library Association

-Khushi Rathore



International library conference was organized from 14<sup>th</sup> to 16<sup>th</sup> March 2019 by the University and Indian Library Association, New Delhi on the theme "Transforming libraries and information centers in digital era". Libraries and information centers, digital library, research ethics, etc. were the sub themes of the conference. Research papers were presented in three sessions of the conference.

Shri Purushottamdas Pasari, Chancellor of the university told, library is the key of knowledge and no educational institute can be imagined without a library. Digitization of libraries is

needed for sharing knowledge. Dr. Upinder Dhar, Vice Chancellor of the university explained the role of library in an institution and threw light on the inauthentic information available on web at present.

Chief guest of the conference, Dr. H.K. Kaul, Director of DELNET focused on the importance of librarian. He said that students and teachers are distracting due to information deterioration and we need to use specialists apart from knowledge. He told, quality material and its control is very important now a days and also described various research facilities of DELNET.

Chairman of Indian library Association, Dr. Shabhat Husain said that more than hundred research papers are included in his conference. He explained the first library act to inform the students about various objectives of library. Director of the conference, Dr. Mohan R. Khede explained the changing journey of Indian libraries from ancient times till now.

General Secretary of Indian Library Association Dr. Pradeep Rai introduced the PSG lifetime awards that are given to Dr. Jagatar Singh and Amitabh Chatterjee by library science centre. Convener of the conference was Dr. GHS Naidu, chief librarian of the university and Chairman of Shri Vaishnav Sahayak Trust, Kamal Narayan Bhuradia was also present during the conference.

## Students Explored themselves in 'NAVARACHANAA 2019'

-Atisha Nagar

Two days national project making competition 'Navarachanaa' was organized on 1<sup>st</sup> and 2<sup>nd</sup> March, 2019. It comprised of 7 different themes like Digital India, Makein India, Skill India, Smart City, Swachha Bharat, Renewable Energy, and General Category along with 'Real on Reel', documentary making competition. Around 60 teams had participated from various universities. The winning price of the event was worth 5,00,000 rupees. A different panel of judges was formed for all the categories.

The event consists of different sessions in which the chief guest was Mr. Raj Lakhani, MD of Peri India Ltd. Mumbai. He gave a golden opportunity to the students and shown interest in supporting at least one or two projects made by the students in the competition. He also motivated students and said that one can learn more while working in a team. It will give him challenges and bring the best out of him. Followed by this, he explained how just simple common sense and passion can bring a change.

The Vice Chancellor, Dr. Upinder Dhar laid emphasis on the project learning method and said that it can take students beyond the wall of a classroom. He also gave three basic advantages of this method that is; It gives practical exposure, ensures fast learning, and



one gets an opportunity to develop the social skill.

The event ended with the valedictory session in which the winners were announced. The winner of Real on Reels was team 'IT Squad'. The winner of Skill India was team 'Keas', followed by this, the winner of Digital India was team 'Traffic Wiz'. Team 'Smart Trolley' was the winner for the General Category. 'Vaishnav Kriegers' was selected as the winner for Renewable energy. Team Ingenious was the winner of 'Swachha Bharat'. Team horizon was the winner of Smart City. Team 'Shuddham' was the winner of make in India. The Teams got a cash amount of 21000 rupees along with Eklavya Award and the Mentor for each category was also awarded Dronacharya Award.

## Textile meet hosted in Association with DRDO

-Atisha Nagar



Texcon-2019 was organized by Shri Vaishnav Institute of Technology and Science. It was a two days event held on 4<sup>th</sup> and 5<sup>th</sup> April. The theme of the Event was "Textile Industry and Research in 2030: Challenge and Opportunity". Defense Research and Development Organization (DRDO) was the associate partner of this event. The event contained a discussion about cloth management and fashion technology. Vice Chancellor Dr. Upinder Dhar said that this platform will bring the textile department and industry together. He added that the Indian Textile Industry has its own importance in the world in which cotton, jute, silk, etc. have a prominent contribution in this industry. He leads emphasis on modernization and research in textile industry.

The Chancellor of the university, Mr. Purushottamdas Pasari said that Textile

Industry has always played an important role in the financial development of the country. He added after agriculture, textile is the second most employment generating area.

The event had different plenary sessions and two technical sessions in which 13 prominent speakers were invited to enlighten the students with their field experiences. 12 research papers were also presented in the event. Throughout the sessions, the new field subjects were also discussed.

The chief guest of the event was S.K. Choudhry, Chairman Pratibha Syntex. In his speech, he said that moral values can only make our life worth it. He also advised students to full concentration on their career as there are a lot of opportunities in this industry. He informed that the Indian Textile Industry is getting a tough competition from Bangladesh and China.

Mr. Harish Chatterjee, Vice President, Manufacturing, Raymond said that today the taste of consumer is changing rapidly, they want something different and new. The industry should think about this and try to do something new. If today, consumer demands soft and comfortable clothes; so the industry should make it. The industry should also look after new technique and skills.

other speakers like S. Pal, Dr. V.K. Kothari, Dr. M.D. Teli, Dr. Nupur Anand, Dr. Kushal Sen, and Dr. A. Mukopadhyay also enlightened the students with their words of wisdom.

## Students Learnt the Significance of Evidences

-Khushi Rathore

One day managerial workshop on "Significance of Evidence in Court" organized by Shri Vaishnav Institute of Forensic Science on 9<sup>th</sup> March, 2019 under the umbrella of Spandan 2019, annual fest of the university. Dr. Kavita Sharma, Coordinator, Shri Vaishnav Institute of Forensic Science (SVIFS) welcomed the resource person and participants.

Resource person Dr. Sunanda Dhenge, Consulting Forensic Expert discussed about "Crime and its elements". She explained the importance of physical evidences and their significance in court trials, which helped the students to know how to prove or disprove a crime in the court of law. She also explained the steps to be taken while investigating a crime by giving the examples of real cases examined by her.

Dr. M.P. Goutam, Senior Professor, SVIFS, discussed some interesting facts about the theme of the workshop. Dr. Swati Dubey Mishra, Assistant Professor, SVIFS, was the coordinator of the workshop. Around 125 students and faculties from various forensic science and law Institutes attended the workshop.

## Curiosity is Required for Inventions

-Khushi Rathore



CV Raman Memorial Oration was organized on the occasion of National Science Day on 27<sup>th</sup> February. Chief guest of the oration, Padma Shri Dr. GD Yadav said that science means curiosity and one who has curiosity to solve the problems, can work well in this field and revealing of unknown truth leads towards inventions. He also advised the students to take inspiration from great scientist Michael Faraday who had introduced the world with electromagnetic induction, electro mechanism and electro chemistry. Faraday was a great observer and he has observed the activities of other scientists and that had encouraged him to become a scientist.

## Entrepreneurship fostered in this competitive era

-Atisha Nagar

Udyamita 2019, one day entrepreneurship conclave was organized on March 19, 2019. The theme of this conclave was fostering entrepreneurship for creation of business and employment. Dr T. K. Mandal, Convener of the event introduced the program and said that it is an endeavour which is aimed at sharing the wisdom of successful entrepreneurs which would be beneficial in setting up new ventures and making an organization with a difference.

In the inaugural ceremony, Dr. Upinder Dhar, Vice Chancellor shared that the aim of Udyamita is to inspire the young generation with goals. Enthusiasm, need identification, risk taking, endurance, passion, innovation, vision, self efficiency, and self monitoring are a few characteristics needed to become a good entrepreneur.

Chief Guest Mr. Prem Tiwari, Unit Head, Grasim Industries Limited, Nagda, shared his view and said that entrepreneur should be a leader with imagination and courage to take the risk. Entrepreneurship consists of three things, entrepreneur, process and framework. Entrepreneurship is never measured in profit; it is measured on how much impact you have

made in society.

The special guest Mr. S. Suresh Babuji, Director In-Charge, MSME Development Institute, Indore addressed the gathering and focused on the Indian job scenario. He said that entrepreneurship is taking opportunity of situations. We have to take risk in it. Government is slowly taking interest in entrepreneurship.

The inaugural ceremony was followed by three plenary sessions in which Mr. Abhay Jain, Gaurav Goyal, Dr. Priyanka Mokshmar, Mr. Rajat Jaiswal, Mr. Amit Dhakad, Mr. Rupesh Joshi, Mr. K. P. Singh Chouhan, Mr. Preeti Paul, Mr. Saurabh Bhalerao were the eminent speakers. At the end, Dr. Uttam Sharma proposed words of thanks.

### Characteristics needed to become a good entrepreneur -

- Enthusiasm
- Need Identification
- Risk Taking
- Endurance
- Passion & Innovation
- Vision
- self efficiency
- Self Monitoring

## Friendship – The unbreakable bond

The one who can simplify an acid test,  
Who lights your everyday like a fest,  
The one who brings all bitterness off your  
chest,  
And brings all the sweet memories in a  
midget nest.

The silly chatters on every matter,  
They are the so called creative creatures,  
A guardian, a sibling, a buddy and a teacher,  
Who would ask for a treat even if you lie on  
a stretcher?

The sharing of all the delights and grief's,  
Solution of every problem in brief,  
Their entrance in heart seems to be that of a  
thief,  
But exit from it somewhere makes us sniff.

In our electric circuit they act like a fuse  
And the one we cannot lose,  
As friendship is the second family we  
choose.

-Dhwani Dave

## The Exam Phobia

Just so nervous & feeling pressurized,  
Suffering from insomnia; getting fever  
Because of all those sleepless nights  
To give our best, is the reason of stress  
Wanted to learn everything in just one  
breath

Getting panicked, trapped with fear  
Struggling to make everything clear  
Want to keep the mind calm  
But actually can't

Tension is all around roaming our soul  
Needed someone who could console  
But why is it so??

Because we are afraid of our exams...  
No...

The truth is we are afraid of our society's  
reaction on our result

Not from our examination  
We bother our society instead of bothering  
ourselves.

- Atisha Nagar

## Netflix is becoming a global phenomenon

-Khushi Rathore

Sometimes as college students, we need those days where we lie on bed and watch Netflix. At one point or another, we have all decided to get comfortable, fill up on snacks, and spend the day viewing episode after episode of the latest addictive show. However, imagine the new craze was not shown in your language. Imagine if you have to watch practically every movie with subtitles to understand. Thankfully, Netflix is making strides to ensure this does not happen.

The digital streaming service announced that eventually, the primary viewing language of their content would not be English. Though Netflix began in California, the website has spread all over the world. In fact, almost half of their current demographic lives outside of the United States, and the company is adapting to their customer's cultures and languages. According to an article from the Boston Globe, Netflix is currently hiring translators to produce movies and TV shows in other languages and create subtitles for American content.

It is a great initiative by Netflix to appeal to their international market. Since the streaming platform launched, they now have added

translations in more than 20 languages. They have expanded and are clearly dedicated to producing more content that all of their users will appreciate and understand. The platform has been under scrutiny recently for shows that, though based off minority characters, are played by famous white actors.

The most discussed case is Marvel's "Iron Fist," where Finn Jones plays an Asian-American superhero and combines several forms of martial arts incorrectly. The show has wrongly misrepresented Asian culture and angered many viewers, even those who are not of Asian descent. The backlash would be huge if these producers did not truly know the culture of the content they were creating. The initiative to hire translators' shows promise that Netflix will attempt to add shows that truly embody the culture and language of the country of origin. International viewers will be much more likely to join Netflix now that they are featuring content in their respective languages. It must be very tedious and not enjoyable to watch movies and TV shows in a language you cannot understand, relying entirely on subtitles to get the gist of a plot. This will make life easier for international viewers who do not speak English

and give them content that is more relatable. There is no reason why Netflix should not try to engage with their non-English speaking audiences.

Incorporating more programs in other languages could also be beneficial for Netflix users in the United States. These shows could be a great educational tool for students who are studying abroad, or the public interested in learning about cultures and languages. Movies have always been a huge indicator of culture. I hope that these programs featuring other countries in their proper language will spark interest in English-speaking audiences to move outside of their comfort zone.

Netflix is the best video streaming service in the United States. It is a important media platform for binge-watching, the occasional movie or catching up on a show. Netflix can take advantage of their social platform by encouraging learning other languages and becoming familiar with other cultures. It is a pure form of diversity. By creating a global communication, the streaming service is making contact through a unique lens to facilitate deeper understandings of other countries.

## Quality over quantity

-Dhwani Dave

Do people believe in living quality life now? The people in the past, always believed in quality lifestyle but the scenario has changed now to a great extent. Survival has become the need of the time, the thought of living is at the edge of extinction. In present scenario, lives of people has turned upside down and only quantity has remained whereas the quality doesn't exist anymore.

People these days, practice an extremely active lifestyle and are always occupied with some mental or physical work. In the pressure of work, they have lost the art of living life and forgot to pay attention to themselves. Due to the reduced quality of life, the quantity is also reduced as in the past people lived longer but now life expectancy has decreased enormously.

At present, folks are highly associated with

lifestyle diseases, i.e., diseases which are caused due to unhealthy lifestyle practices. Diseases have become a part of their lives and medicines have become a meal of the day. As per the reports, around 75% of population in the world is affected with lifestyle diseases and its main causes are unhealthy eating habits and lack of physical activity. The advancing and developing technologies have surely given us a comfortable life but it has also turned people into beanbags, lazy to do anything and this laziness has become the foremost reason of deteriorated health.

On the other hand, the practice of peaky food habits which mostly include junk food is turning the human being into a morbid being. Particularly in India, the fast food industry is growing rapidly at the rate of 40% per year and therefore, it can be assumed that the amount of junk food consumed in the country has crossed all the bars and balance diet has become a rare

phenomenon.

The quality of life has more to do with the foundational habits that are routinely run on a daily basis. By improving daily and basic habits, the quality of lifestyle can be improved. It is the need of the hour, and improving quality of life might improve one's standard of living and may reduce depression in an individual's life which can make him better, happy and satisfied. Adding good habits and subtracting the bad ones from life is the major step one must take to have a quality life as it begins at the base.

The quantity of life you live would never be accompanied with satisfaction whereas quality and satisfaction goes hand in hand, and it is what one always look for. The trap is not easy to get out of it but it is not impossible. Quality in life can be achieved when we start adding life to our days instead of just adding days to our lives.

## देश की उन्नति में शिक्षित युवाओं का योगदान

-अमित राजपूत

युवा शब्द सुनते ही दिमाग में एकदम से ऊर्जा आ जाती है। युवावस्था किसी भी व्यक्ति की जिंदगी की सबसे अहम अवस्था होती है और यहीं उम्र व्यक्ति की जिंदगी का सबसे नाजुक दौर भी होता है। जहाँ हम हर चीज के प्रति आकर्षित होते हैं और हम हर चीज को अपनाना और करना चाहते हैं। अगर हम हमारे देश के युवाओं के बारे में बात करें तो भारत देश दुनिया-भर में सर्वाधिक युवाशक्ति वाला देश है। भारत की जनसंख्या में लगभग ६५% युवा शक्ति है। लेकिन बड़ा सवाल यह है कि यह युवा शक्ति भारत के विकास के लिए लाभकारी सिद्ध हो रही है या फिर देश के विकास के मार्ग में बाधा साबित हो रही है क्योंकि आज का युवा शिक्षा के बजाय कैशबैक की ओर ज्यादा भागता हुआ नजर आ रहा है। हर पबजी खेलने वाला युवक अपने आपको आर्मी का सदस्य समझता है और हर टिक-टॉक बनाने वाला युवक खुद को बहलीवुड इंडस्ट्री का सुपर स्टार समझता है। वह जीवन में मेहनत करने की करने की वजह शहर्टकट लेकर अपनी मंजिल तक पहुंचना चाहता लेकिन अगर एक युवक के

नजरिए से देखा जाए तो हम यह कह सकते हैं कि किसी हद तक ये सही भी है क्योंकि आज के युवा के जीवन में चुनौतियों की भी तो कमी नहीं है हर क्षेत्र में उसे कड़ी प्रतियोगिता मिल रही है चाहे शिक्षा हो, नौकरी हो या फिर व्यवसाय हो। अगर वह किसी भी क्षेत्र में सफलता हासिल करना चाहता है तो उसे पहले से दुगुनी मेहनत करनी पड़ रही है। यही कारण है कि कुछ युवक तो अपने लक्ष्य को हासिल करने में कामयाब होते हैं लेकिन जो युवक अपने लक्ष्य तक नहीं पहुंच पाते हैं तो वे अपने मार्ग से भटक जाते हैं और नशीले पदार्थों का सेवन, चोरी-चकारी, गुनाह जैसे गलत काम करने लगता है जिसके कारण उन्हें तो परेशानियों का सामना करना ही पड़ता है साथ ही साथ समाज में रह रहे लोगों को भी कई परेशानियों का सामना करना पड़ता है। आजकल मानों ऐसा लगता है कि युवाओं के जीवन में रिश्तों की अहमियत कम होती जा रही है क्योंकि युवा रिश्तों को जल्दी से जोड़ तो लेता है लेकिन वे इस रिश्ते को ज्यादा समय तक निभाने में सक्षम नहीं हो पाता। जिसके कारण वह डिप्रेशन में चले जाता है और कई बार तो वह आत्महत्या तक कर लेता है। इसलिए युवाओं को अपने

रिश्तों को अच्छे से निभाना चाहिए ताकि उन्हें इन परिस्थितियों का कभी सामना ना करना पड़े। किसी भी व्यक्ति के जीवन में शिक्षा का बड़ा महत्व होता है वैसे ही युवाओं के जीवन में भी शिक्षा का खासा महत्व होता है। पहले के समय में ऐसा कहा जाता था कि अगर आपने अच्छी शिक्षा प्राप्त कर ली है तो आप अपने जीवन में सफलता जरूर पा लेंगे लेकिन आज के दौर में हम यह नहीं कह सकते हैं हमने तकनीक के क्षेत्र में तो काफी सुधार देखा है लेकिन शिक्षा के क्षेत्र में आज भी हमें काफी सुधार की आवश्यकता है क्योंकि शहरी क्षेत्रों में तो फिर भी शिक्षा का स्तर ठीक है लेकिन ग्रामीण क्षेत्रों में आज भी बच्चे शिक्षा से वंचित हैं उन्हें पढ़ने के लिए अपने गांव से काफी दूर जाना पड़ता है और शासकीय विद्यालयों में आज भी शिक्षा का स्तर काफी गिरा हुआ है। हमें छात्रों को शिक्षा के साथ-साथ खेल और दूसरे क्षेत्रों में भी आगे रखने की जरूरत है। अगर हम अपने देश को बदलते हुए देखना चाहते हैं तो हमें सबसे पहले हमारी शिक्षा प्रणाली को बदलना होगा। तभी हमारा देश विकसित देशों में से विकासशील देशों शामिल हो पायेगा।

## लोकतंत्र का महापर्व



आया देखो आया कौन आया,  
अलग सा माहौल छाया,  
देश की बदल रही काया,  
नेता भी भूल रहे मोह और माया  
क्योंकि चुनावी मौसम जो है आया...

पर ये मौसम थोड़ा अलग है,  
इसमें धर्म के साथ राष्ट्रवाद की झलक है,  
पक्ष - विपक्ष के वादे है,  
देश के विकास के झूठे इरादे है,  
मुफ्तखोरी की बाते है,  
गठबंधन के सारे रिश्ते नाते हैं..

महंगाई, बेरोजगारी का मुद्दा नहीं,  
सेना के साहस के सहारे है,  
हिंसा करके ही सही, कही तो वोट हमारे है,  
सोशल मीडिया के जलवे है,  
चाय की टपरी खाली है,  
और पिछले चुनाव के नोट अब जाली है..

चौकीदार चोर की लड़ाई है,  
नए चेहरों की तो बाढ़ सी आई है,  
हर देशवासी की अपनी एक आस है,  
मीडिया के भी अपने अलग से कयास है..।

चुनाव अब देश के विकास का है,  
जिसमें हर भारतीय का साथ होना चाहिए,  
मत के दान में सबका हाथ होना चाहिए...।

जतिन लालवानी

## सफलता मंत्र

-सौम्या तिवारी

"कुछ रीत जगत की ऐसी है, हर एक सुबह की शाम  
हुई

तू कौन है, तेरा नाम है क्या, सीता भी यहाँ बदनम हुई  
फिर क्यूँ संसार की बातों से, भीग गये तेरे नैना"

अचानक से जब इस गाने के बोल 'कुछ तो लोग कहेंगे' कानों में पड़े, हृदय से लेकर दिमाग तक बिजली दौड़ गई मानों जीवन जीने का एक नया तरीका सामने आया हो, एक नई ऊर्जा सी मिली हो, की जिसको जो भी कहना है वी तो कहेगा लेकिन करना क्या है वो हमारे हाथ है। किंतु मैं अपने उस दौर में पहुँच चुकी थी जब विज्ञान विषय से होने के कारण मेरे माता पिता मुझे डह की पढ़ाई करने के लिए ज़ोर डाल रहे थे किन्तु मेरी रुचि किसी और में ही थी। वो वक्त मेरे लिए बहुत मुश्किल हालात उत्पन्न कर रहा था क्योंकि मेरे इस फैसले से मेरे माता पिता, रिश्तेदार, व सभी परिचित नाराज़ भी थे और आश्चर्यचकित भी। किन्तु मैं अपने मार्ग पर डटी रही और माता पिता को यकीन दिलाया की मास कम्युनिकेशन में और कितना अच्छा कर सकती हूँ। उसका नतीजा ये हुआ की 9 साल ज़रूर लगा लेकिन अब

माता पिता मान चुके है। किन्तु एक सवाल अब भी चूभ रहा था की ऐसे न जाने कितने लोग है जो या तो अपनों के कारण या फिर लोगों के कारण अपने सपने मार देते है या अपनी राहे बदल देते है, किन्तु ये सही नहीं है।

बहुत कठिन होता है जीवन की ऐसी विषम परिस्थिति में खुद को मज़बूत रख पाना जब वक्त आपके विरुद्ध लगे, लेकिन बहुत आवश्यक हो जाता है अपने मार्ग पर डटे रहना, मज़बूत इरादों के साथ खुद को संभाले रखना, दृढ़निश्चयी होकर अपने मंज़िल के तरफ बढ़ते जाना जब दुनिया का हर शक्स आपको गिराने में लगा हुआ हो।

जब भी खुद को कमज़ोर महसूस करती हूँ बचपन में सिखाई गई कुछ पंक्तियों को याद कर लेती हूँ-

"जान ले की दुनिया साथ नहीं देती,

कोई दम नहीं होता लोगों के अफसानों में,

क्यों रहता है निराश अपनी ही कमज़ोरी से,

झोंक दे सब ताकत अपनी,

करने को फतेह मैदानों में।"

ज़िन्दगी भी उसी गणित के विषय की तरह है जहा हमें खुशियों को गुणा करना चाहिए और दुखों व शत्रुओं का घटाने की कोशिश करना चाहिए। जब भी लगे की ज़िन्दगी के सारे रास्ते बंद नज़र आ रहे है और समझ नहीं आए की क्या

करना चाहिए, तब आराम से रुक कर २ मिनट गहरी साँस लेना और फिर शांत दिमाग से सोचना की क्या करना है?? कहाँ जाना है??

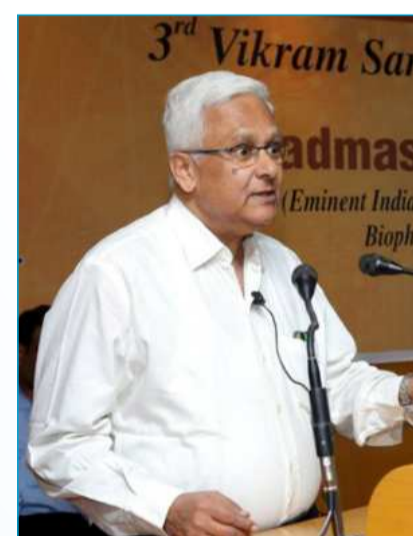
ज़िन्दगी में रोने की वजह तो बहुत मिलेंगी लेकिन उन वजहों में भी हँसना कैसे है ये हमारे ऊपर है, जैसे गणित में एक सवाल को हल करने के कई तरीके होते है उसी प्रकार से ज़िन्दगी की मुश्किलों को हल करने के भी कई तरीके होते है, जवाब भी सामने होता है बस ज़रूरत होती है तो उसे देखने की। मनुष्य एक मात्र ऐसा प्राणी है जो सुख और दुख दोनों सहन करने की शक्ति रखता है वह कठिन परिस्थितियों में भी मुस्कुराने की हिम्मत करता है।

हमेशा हर चीज़ में अच्छा देखने की कोशिश करें, हर मुसीबत आपके जीवन में एक सफलता लाती है अगर आप उससे घबराये नहीं और चलते रहे।

हम ना ही वक्त को रोक सकते है और ना ही जीवन में आने वाली किसी परिस्थिति को पर उसका सामना करना हमारे हाथ में है।

रुख हवाओं का भी विरुद्ध था मेरे,  
पर चलता गया मैं क्योंकि मंज़िल रुकने नहीं दे रही थी।

# Photo Gallery



Layout and Design by : Ravendra Kewlani  
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